

OFFICIAL SOURCES OF INFORMATION	
Source	Summary
<a href="#">City of Houston COVID-19 updates</a>	Updated information about local risk, routine protective actions, FAQs, communication resources, rumor control, emergency preparedness tips, and more.
<a href="#">City of Houston Service Status</a>	Many City departments and services have amended operations for COVID-19 response
<a href="#">Harris County COVID-19 dashboard</a>	Information such as totals, gender, age groups, recovery status and deaths will update daily at 4 pm.
<a href="#">Harris County Public Health</a>	Information on positive COVID-19 cases in Harris County and community resources
City of Houston COVID-19 hotline: <b>832-393-4220</b> (Weekdays: 9 a.m. - 7 p.m. and Saturdays: 9 a.m. - 3 p.m.)	
"Ask a Nurse" Hotline: <b>713-634-1110</b> (9 a.m. -7 p.m., 7 days a week) For residents of Harris County who do not have access to healthcare.	
<a href="#">HISD Updates</a>	HISD is closed through the end of the school year and is providing online instruction until further notice.
<a href="#">METRO Houston</a>	METRO has made service modifications, including suspending ALL Park & Ride operations except those serving Texas Medical Center. As of March 30, HOV/HOT lanes are temporarily closed.
<b>EMERGENCY ORDERS</b>	
Source	Summary
<a href="#">Harris County Stay Home, Work Safe Order</a>	"Stay Home, Work Safe" Order issued by Harris County that requires individuals to remain at home or a place of residence, with exceptions for essential work and activities, through April 30.
<a href="#">City of Houston Emergency Order</a>	All city sponsored, produced and permitted events are cancelled until April 30. Bars are closed and restaurants should be doing take-out and delivery only.
<a href="#">Governor Abbott COVID-19 Executive Orders</a>	Every person in Texas shall, except where necessary to provide or obtain essential services, minimize social gatherings and minimize in-person contact with people who are not in the same household. The Texas Division of Emergency Management (TDEM) shall maintain an online list of essential services, <a href="http://www.tdem.texas.gov/essentialservices">www.tdem.texas.gov/essentialservices</a> .
<a href="#">Texas Supreme Court Emergency Orders</a>	Texas Supreme Court issues Emergency Order 11 – April 9, 2020.
<a href="#">U.S District Court for the Southern District of Texas Emergency Orders</a>	U.S. District Court for the Southern District Issues Second Supplemental Order concerning Houston/Galveston Divisions – April 22, 2020.
<a href="#">U.S. District Court for the Western District of Texas Emergency Orders</a>	U.S. District Court for the Western District Issues Supplemental Order Regarding Court Operations – April 15, 2020.

<a href="#">U.S. District Court for the Northern District of Texas Emergency Orders</a>	U.S. District Court for the Northern District Issues Special Order 13-11 concerning extension of certain continuances through May 31, 2020 – April 22, 2020.
<a href="#">U.S. District Court for the Eastern District of Texas Emergency Orders</a>	U.S. District Court for the Eastern District Issues General Order 20-09 concerning extension of emergency orders through May 31, 2020 – April 22, 2020.

**CDC (Centers for Disease Control) GUIDELINES**

**Social distancing guidance for all Houstonians:**

Avoid gatherings of 10 or more people.  
 Maintain at least 6 feet of separation from other people.  
 Avoid eating or drinking in bars, restaurants, and food courts – use drive-thru, pickup, or delivery options.  
 Avoid discretionary travel, shopping trips, and social visits.  
 Do not visit nursing homes or retirement or long-term care facilities unless to provide critical care situations.  
 Practice healthy hygiene habits:  
 Wash hands frequently with soap and water for at least 20 seconds. Use hand sanitizer when you can't wash your hands.  
 Avoid touching your eyes, nose, and mouth with unwashed hands.  
 Cover your coughs and sneezes with a tissue and throw the tissue away. If you don't have a tissue, use the elbow of your sleeve. Don't use your hands to cover coughs and sneezes.  
 Avoid close contact with people who are sick, especially if you are at higher risk for coronavirus.  
 Get plenty of rest, drink plenty of fluids, eat healthy foods, and manage your stress to keep your immunity strong.  
 Work or engage in schooling from home whenever possible.